



TRAVELING TO TEAM SWIM MEETS

Traveling with the team to an *'away'* meet is the highlight of the year for many of our competitive swimmers. Away meets provide an opportunity for swimmers to:

- . • experience independence
- . • develop their competitive swimming skills
- . • deepen friendships and
- . • have the time of their lives!

Each year the Club travels to invitational away meets (i.e. London in May), the Provincial, Eastern Cup and Nationals meets. These meets are designated as 'team meets' and fall under the Stingray's Team meet policy. The purpose of these rules and guidelines is to ensure the safety and comfort of the swimmers.

Team Meets

The Team Travel Director organizes chaperones, transportation, accommodations and food for each away meet. Coaches and parent chaperones accompany the Team. It takes a lot of organization and attention to detail to ensure that our swimmers travel in safety and get enough sleep and food to swim fast and have fun.

- **It is mandatory, that a child/swimmer travels to an "away" meet with the rest of the swim club by bus** or other prearranged transportation such as car/van/airplane. It is optional for visiting parents to take their child home with them after the meet is over, provided the permission form is signed and submitted to the chaperones.

Parents' Role

- . • Submit all forms and deposit cheques on time. Forms received after the deadline can not be accepted as room reservations and transportation are made based on forms submitted by the deadline.
- . • A written note identifying any food allergies or special accommodations must be submitted with your permission forms.
- . • Review the Swimmer's Etiquette and Rules with your swimmer before departure.
- . • Respect the requests in your meet travel package (such as no junk food, no excessive amounts of money etc.). The swimmers' diet is well planned and nutritional; healthy snacks are provided as needed.
- . • Contact the Team Travel Director or another member of the Board if you have questions or concerns.
- . • Visiting parents should limit their interaction with the child during the competition period while at a pool. Please avoid dealing with delicate personal issues which could affect the swimmer's performance.
- . • To enable your swimmer to benefit the most from an away swim meet, visiting

parents should book separate hotel accommodations.

If your swimmer is sick

Anyone diagnosed with a contagious illness and/or taking medication (antibiotics for the illness) for less than 48 hours prior to the meet **will not be allowed to travel** with the team or join the team at the meet at a later time. If notification is received prior to departure, a full refund will be issued.

Cancellations Policy

- . • If your child has been diagnosed with an illness prior to a specific meet, which would affect his performance in swimming, a doctor's note must be submitted for a full refund; notification must be received at least 24 hours prior to departure.
- . • If there is a last minute cancellation due to injury or a family emergency, every effort will be given to obtain a partial refund (i.e. meal portion) provided notification is given prior to departure.
- . • All other cancellations are considered non-refundable.

Swimmer's Role

- . • Inform parents of upcoming meet and concerns before the deadline.
- . • It is your responsibility to submit the form of team travel at your home and to the club with cheque on time.
- . • Plan ahead to ensure schoolwork does not suffer because of Team travel.
- . • Understand and sign the Swimmer's Etiquette and Rules before you leave.
- . • Eat, sleep, have fun and swim fast.

For more information

Team Travel Director

Susan Seemann

Tel: 416-254-3839

Email: sseeman@rogers.com